

Connected Learning: Caregiver Resources

As a caregiver to an older adult, it is important that you are equipped with the skills to help them navigate the internet safely and effectively. This kit will give you the resources you need to support the person you care for in their online life.

Guided Learning Courses

Whether your loved one is new to computers or mobile devices or just hasn't used them in a while you can use AT&T's Connected Learning Courses to help them learn the basics and build confidence using technology.

Access Guided Learning

Video Lessons

For more advanced learning, access Cyber-Seniors' suite of video lessons and guides. Whether your loved one is interested in mastering video calls or creating their own website, you'll find a wealth of resources available. These materials can serve as a guide for your own teaching or help encourage independent learning.

Access Video Lessons

The Cybersecurity Center

Whether it's phishing, malware or password attacks, older adults over 60 experience higher rates of cyber crime than any other age group. Our cybersecurity center aims to educate in order to reduce the disproportionate impact of digital crimes on older adults.

Access The Cybersecurity Center

Dementia Awareness Program

The Dementia Awareness Resources and Training against Stigma program is a free education series aimed at providing education on the signs, symptoms and risk factors for dementia.

Access Dementia Awareness Resources

Need Additional Help?

If you need additional help getting your loved one connected you can always set them up with a free one-on-one over the phone lesson with Cyber-Seniors, which you are free to attend along with them. We also offer daily technology webinars to help support continuing tech education. To learn more our book a one-on-one call us at **1-844-217-3057**

